

Cowichan Family Caregivers Support Society

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**Cowichan
Family
Caregivers
Support
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Private Companion Care & Health Support Listing

Updated April 2024

Services offered by personal care and companion care workers vary, but are generally non-medical in nature and provide much needed respite for a family caregiver. They can include tasks such as, meal preparation, playing games, going for walks, outings, transportation, housekeeping, arts and crafts activities, as well as friendly companionship.

Finding the right fit for your family's needs is crucial. The Family Caregivers of BC has created a comprehensive recommendation guide for hiring private caregivers that includes cost of services, information on insurance, contracts, and a list of interview questions to ask during the hiring process.

To learn more about how to safely and effectively hire individuals or agencies, please visit the Family Caregivers of BC website: www.familycaregiversbc.ca/archives/6634

Please note:

**The Cowichan Family Caregivers Support Society maintains this resource listing as a free public service. The inclusion of any organization, agency, service, or individual, does not imply or constitute an endorsement or recommendation and the Cowichan Family Caregivers Support Society does not claim responsibility for any actions taken by any of the services listed. This resource listing is reviewed annually, and we do our best to ensure the most current information is included. Please let a staff member know if you find any information that needs to be updated.*

Companion Care & More



Andrew Oriet - AGO Private Care

250.510.6021

agoprivatecare@shaw.ca

Companion/Caregiver Services

Andrew Wright - Wright-Way Companion Services

250.748.9551

Mill Bay to Ladysmith

Companionship, transportation, handyman, packing, moving.

Brooke Maver

306.399.0034

Duncan to Ladysmith

Personal Companion Care Services; companionship, appointments, walks, cooking, small house chores, overnight respite Previous manager of St. Anne's Garden Club (Adult Day Program)

Carolyn Burgess - A Helping Hand

778.674.6694

helpinghand6694@gmail.com

Chemainus, Ladysmith and Nanaimo

In home respite care or outings for your loved one.

Julie Smyth

250.739.4572

Chemainus to Nanaimo

Housecleaning, and Companion Services

Jenny Willis

250.510.0024

info@smilingheart.ca

Private Companion Services. After 30 years as a health care aid and recreation/activities in long-term care, I now offer services as a private companion. I enjoy planning meaningful outings and activities, connecting with community programs (where appropriate), and really being with folks no matter what their mental, emotional, spiritual, or physical situations are. I have a heart for service, and ask plenty of questions, keeping well-being the focus of it all. I'm happy to share references and work history details when you call.

Kate Winter - HOMESTEADY

250.709.4488

Home-steady@outlook.com

Chemainus, Crofton, and the Cowichan Valley

I am self-employed, offering individualized home support such as companion care, housekeeping, appointments and outings, minor home repairs and maintenance, shopping, and meal prep. I am insured and can provide a criminal record check and a clean driver's abstract.

Lana Gall - Lana Cares

250.701.5487

lanargall67@gmail.com

Ladysmith and Nanaimo

Companion care, cooking, cleaning, errands, appointments.

Lisa Enger

250.516.6303

lisaenger68@gmail.com

Duncan to Mill Bay/Shawnigan Lake

Elderly Care

Rachelle Brubaker

250.419.2721

Cowichan Valley, including the Lake Cowichan

Caregiver Services

Roberta Coburn

250.701.4937

rlcoburn@hotmail.ca

Cobble Hill to Chemainus

Personal care and housekeeping.

STAT - Home & Health Support Services

Linda Ikwuagwu - Director

1.778.244.4454

Vancouver Island

Medication reminders, Bathing Assistance, Dementia Care, Palliative Care, Foot Care at home, Palliative Care, Complex Nursing Services, Respite and Vacation Services, Companions and Outings, Housekeeping and Laundry, Meal Planning and Preparation, Personal Care Services, Appointments and Shopping.

Skilled experienced providers are screened, bonded, and insured.

Tracy Taylor
250.748.4834

Duncan

Practical, adaptable, affordable home support for your loved one, and for you.

Zel Hopson
250.616.0574

zelhopson@hotmail.com

Ladysmith to Nanaimo

Cooking, cleaning, errands, appointments, companionship.

Mobile Foot Care & Hairstyling



Barbara Stewart
250.715.6568

stewartlb@shaw.ca

Mill Bay to Ladysmith

Mobile Services: Haircut, Styling, Perming, Colouring

Christine Lloyd
250.896.4808

Mobile Foot Care Nurse

Cowichan Valley Foot Care Clinic
250.516.1065

www.cowichanvalleyfootcare.com

Professional foot, nail, and wound care services available on site or at home. Specializing in the care of Diabetic Foot, and preventative care.

Digits – Mobile Foot Care
250.709.1306

www.digitfootcare.ca

Treatments include footcare assessment, medical pedicure, treatment of ingrown & fungal nails, corn, callus and wart removal, plantar fasciitis & inflammation, FOX laser treatment, diabetic foot care, education, and footwear.

Duncan Foot Care Shop
250.929.3206

www.longevityservices.ca

24 Station St., Duncan

Registered Nurses offering in-shop and at-home medical level foot care.

In shop and home visits available.

Foot care supplies for sale on site.

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Linda Ikwuagwu - Director

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Skilled experienced providers are screened, bonded, and insured.

Viva Foot Care

250.885.8482

www.vivafootcare.com

Providing quality foot care in the comfort of your home.

Transportation



Andrew Wright - Wright-Way Companion Services

250.748.9551

Mill Bay to Ladysmith

Companionship, **transportation**, handyman, packing, moving.

James Taggart

250.888.9852

jamestaggart@shaw.ca

Cowichan Valley

Transportation and Travel Companion. For persons with mobility challenges and/or dementia who require a travel companion for day surgeries and specialist appointments in Victoria. Monday to Saturday, by appointment. Daily capacity based on medical requirements. Cost sharing is encouraged; a maximum of 3 persons. HCA certified (4.33 GPA) and registered, in good standing, with the Vancouver Island Health Authority. Letters of reference, vaccinations, and credentials, including criminal record checks, are available upon request. The means of transportation is a 2019 Traverse, with a valet seat. Wheelchairs and transfer equipment are available upon request; based on medical requirements. Medical and nutritional requirements must be disclosed and are confidential.