

# Cowichan Family Caregivers Support Society

## 250-597-0886

### Personal Care Workers & Companion Care Workers

Updated September 21st, 2021

Services offered by personal care and companion care workers vary but are typically non-medical in nature and provide much needed respite for a family caregiver. It can include such things as: friendly companionship, meal preparation, playing games, going for a walk, outings, transportation, housekeeping, cultural compatibility (shared language), arts and craft activities, as well as friendly regularized connection for the caregiver, etc.

Finding the right fit for your family's needs is important. To learn more about how to hire individuals or agencies safely and effectively the Family Caregivers of BC has created a comprehensive resource for hiring private caregivers, including a list of questions to ask in the hiring process:

<https://www.familycaregiversbc.ca/home-based-care/the-ins-and-outs-of-hiring-private-care/>

**Please note:** *The Cowichan Family Caregivers Support Society maintains this Personal Care &/or Companion Care Worker list to enhance public access to information about resources available. The inclusion of any individual, organization, agency or service in this list does not imply or constitute an endorsement or recommendation. The Cowichan Family Caregivers Support Society does not claim responsibility for any actions taken by any of the individual organizations or agencies included in this list.*

#### **Andrew Wright**

Wright-Way Companion Services

Companionship, transportation, handyman, packing, moving

Mill Bay to Ladysmith

250.748.9551

#### **Aysha**

Daughter for Hire

Companionship, transport, shopping, appointments, packing

Mill Bay to Ladysmith (2 hour minimum in Mill Bay and Ladysmith)

250.701.9930

#### **Brooke Maver**

Companionship, appointments, walks, cooking, small house chores, overnight respite

Previous manager of St. Anne's Garden Club (Adult Day Program)

Duncan to Ladysmith

306.399.0034

**Christine Collins**

Christine on the Run  
Housekeeping, personal care, grocery shopping, driving  
Duncan to Chemainus  
250.746.8995

**Christine Lloyd**

Mobile Foot Care Nurse  
250.896.4808

**Doug Campbell**

Moving Forward  
Companion care  
Mill Bay to Ladysmith  
250.324.3221  
[dougjcampbell@shaw.ca](mailto:dougjcampbell@shaw.ca)

**Evie Kubacka**

Home Ezie by Evie  
Companion care, gardening, landscaping, nutrition, downsizing, organizing, decluttering, house cleaning  
Mill Bay to Ladysmith  
250.210.2214  
[evie.kbuackaj@icloud.com](mailto:evie.kbuackaj@icloud.com)

**Jan Thompson**

Companionship, housekeeping, cooking, organizing, gardening, odd jobs, errands, pet care, laughter  
Duncan area  
250.732.3456  
[jan.thompson1@hotmail.com](mailto:jan.thompson1@hotmail.com)

**Lana Gall**

Lana Cares  
250.701.5487  
Duncan, Ladysmith and Nanaimo  
Companion care, cooking, cleaning, errands, appointments

**Lisa Enger**

Elderly Care  
250.516.6303  
Duncan to Mill Bay/Shawnigan Lake  
[lisaenger68@gmail.com](mailto:lisaenger68@gmail.com)

**Roberta Coburn**

Personal care and housekeeping  
Cobble Hill to Chemainus  
250.701.4937

**Tracy Taylor**

Practical, adaptable, affordable home support for your loved one, and for you.  
Duncan  
250.748.4834

**Victoria Dela**

Full personal care, companion care and house cleaning  
250.710.8394  
South Cowichan  
[vdela29@hotmail.com](mailto:vdela29@hotmail.com)

**Zel Hopson**

Cooking, cleaning, errands, appointments, companion care  
Ladysmith to Nanaimo  
250.616.0574  
[vdela29@hotmail.com](mailto:vdela29@hotmail.com)